



# Monte Mariposa

Centro de Retiros para o desenvolvimento pessoal

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## Pricelist for Group Activities:

2011/2012

### **Renting the center for your own workshop activities or retreat.**

**Monte Mariposa** combines a main building with accommodation and workspaces and a beautiful valley area that naturally supports the work we do here. The valley is equipped with cabins and large open workshop room. These two independent facilities provide flexibility and variety and can cater for large or small groups. We have several workspaces and can offer specific environments for your retreat. Often two or more small groups work here at the same time using separate facilities or you can arrange exclusive use of all the facilities for your group to work in privacy.

♥ Please contact our Office and tell us your requirements so that we can arrange the best facilities possible for your workshop.

### **Catering**

We have a professional cooking team and serve vegetarian food: The meals are prepared according to the needs of the group or event and are presented as a buffet.

We can also prepare juice, herbal or detox diets.

### **Main meals are two or three course:**

Soup, Main course, Salad, Dessert, Tea: 11 € / per person

### **Breakfast:**

Muesli, Porridge, Bread, Butter, Marmalade, Cheese, Fruit, Tea, Coffee: 4.50€ / per person

According to the needs and desires of each group, the meals can be changed to your requirements.

♥ Our meals are vegetarian, nourishing and well balanced and we buy high quality local vegetables from Tavira market.

♥ We can also provide organic produce at a 12% surcharge.

### **The Main Building:                    accommodation for 38**

The Main building has a complete and enclosed facility with open roof terraces and light, spacious accommodation:

- 1 Workspace: Meditation room (wooden floor) (50m<sup>2</sup>);
- 1 Workspace: Sun Room (105m<sup>2</sup>);
- 1 apartment with kitchenette, bathroom, 1 room with double bed, sofa bed;
- 3 apartments, each with 3 rooms (1 room with double bed, 1 room with 3 individual beds, 1 room with 2 individual beds) sharing 1 bathroom;
- 2 dormitories with 6 beds each, 2 bathroom, 2 showers;
- 1 terrace room with 2 individual beds;
- 2 dining areas with a sitting area;
- Roof terrace for outdoor practice
- We can provide additional camp beds and a cabin with twin beds is also available

## **The Valley:**

*accommodation for 24*

The Valley has an independent infrastructure:

- 1 working space (80m<sup>2</sup>, glazed);
- 9 wooden cabins (2 individual beds / each);
- 1 wooden cabin with double bed;
- 1 wooden cabin with double bed, kitchenette, bathroom;
- Yurt with 1 double bed,
- Kitchen with dining area (outdoor);
- 2 shower buildings with toilets (total of 6 showers, 5 toilets);

## **Additional Facilities:**

*can be booked by special request or available to all.*

- ❖ Sweat lodge area
- ❖ Outdoor workspace. Tree Platform (approx. 18 m<sup>2</sup>) for working outdoors;
- ❖ Swimming pool (can be heated with solar panels);
- ❖ Spaces for camping;
- ❖ 1 Wooden Cabin with 2 individual beds;
- ❖ 2 Tipi's may be available in summer, 1 double bed in each.
- ❖ Spaces for relaxing and well-being, space for children,

## **Price List Monte Mariposa 2011**

*all prices are per day.*

We offer two qualities of service for workshops and retreats: -

- **Economic** – the simplest way to use our facilities is to work on a shared basis with other users. You will be reserve appropriate accommodation and workspaces for your activities and share meals with other users in our main dining room. We will avoid booking conflicting activities and will support your group needs within the whole activity programme. Accommodation is based on shared rooms and we can accommodate groups of 6 to 60 participants in this manner.
- **Exclusive** – The most supportive way to have a retreat for a deeper process is to book exclusive facilities for your own group. You can book exclusive use of our Valley facilities or the Whole center for your own group and can allocate accommodation to suit your own requirements. For this option costs are slightly higher and there are minimum group sizes that apply.

### **SHARED FACILITIES: Accommodation + Food (per person, per day):**

	Low Season	High Season (Easter/July/August)
Full Board	<b>44€</b>	48€
Self Catering	<b>24€</b>	27€

*~ Day use of the facilities, without accommodation or food (per person, per day): 8€*

*~ Camping, with own bedding, without food (per person, per day): 10€*

- ♥ Most of our rooms have two or three beds and our prices are based on shared accommodation. If you require a private room add 4€, subject to availability.

### **EXCLUSIVE FACILITIES: Accommodation + Food (per person, per day):**

	Low Season	High Season (Easter/July/August)
Full Board	<b>52€</b>	54€
Self Catering	<b>30€</b>	32€

- ♥ Subject to minimum group size of 12 in the Valley and 30 in the Whole Centre.

## ***Booking Conditions:***

**10 % deposit required at time of booking to secure the accommodation.**

**25 % deposit required 3 months prior to the event.**

**5 days prior to event: pay full cost.**

These deposits and charges are not refundable in circumstances of cancellation by the client after the booking is confirmed.

All prices are inclusive of IVA at 6%; any changes in the applicable tax rates may result in changes to the prices charged.

If for any reason Monte Mariposa LDA is unable to fulfill the contracted accommodation and has to cancel the booking then we will refund in full the relevant deposit charged and any bank transfer costs.

### **- ADDITIONAL SERVICES:**

#### **- ORGANIZATION AND WORKSHOP ASSISTANCE:**

Assistance by a Monte Mariposa staff member for organization or support activities can be arranged at 10€ per hour.

#### **- PROMOTION AND WORKSHOP PUBLICITY**

Organization of an event or service at Monte Mariposa and promotion via our website is offered at 30% of the workshop fees (accommodation and catering is additional at our normal rates).

#### **- TRANSPORTATION:**

To/from Faro Airport: 40€ per trip

To/from Tavira: 15€ per trip

Outings with our Land rover: 0.40 cents per km plus 10€ / hr for the driver.

Minibus pick-up from Airport, for groups: 60€

Car Hire and Minibus trips can be arranged by special request.

#### **- THERAPY SESSIONS:**

Various therapeutic and relaxation massage and bodywork sessions are available from 50€.

#### **- LAUNDRY:**

6€ per load for use of washing machine

#### **- PHOTOCOPIES (per copy):**

B/W: 0.15€

Double Side: 0.25€

Colour: 0.30€



## **Monte Mariposa**

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